

I AM A PERSON  
WHO WILL

INTERRUPT

ECHO

TOLERANCE.ORG  
**SPEAK UP AT SCHOOL**  
RESPOND TO EVERYDAY STEREOTYPES AND BIAS

QUESTION

EDUCATE

A TEACHING TOLERANCE POCKET GUIDE



TEACHING  
TOLERANCE

A PROJECT OF THE SOUTHERN POVERTY LAW CENTER  
TOLERANCE.ORG

**SPEAK UP  
AGAINST BIAS**

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**SPEAK UP  
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TRY SAYING  
"I DON'T LIKE WORDS  
LIKE THAT." OR "THAT  
PHRASE IS HURTFUL."

TRY SAYING  
"THANKS FOR  
SPEAKING UP, ALLISON.  
I AGREE THAT WORD  
IS OFFENSIVE AND WE  
SHOULDN'T USE IT."

TRY ASKING  
"WHY DO YOU SAY  
THAT?" "WHAT DO  
YOU MEAN?" OR  
"TELL ME MORE."

TRY SAYING  
"DO YOU KNOW  
THE HISTORY OF  
THAT WORD?"

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TRY SAYING  
"THANKS FOR  
SPEAKING UP, ALLISON.  
I AGREE THAT WORD  
IS OFFENSIVE AND WE  
SHOULDN'T USE IT."

TRY SAYING  
"DON'T LIKE WORDS  
LIKE THAT." OR "THAT  
PHRASE IS HURTFUL."

If someone else speaks up against hate, thank her and reiterate her anti-bias message. One person's voice is a powerful start. Many voices together create change.

Explain why a term or phrase is offensive. Encourage the person to choose a different expression. Hate isn't behind all hateful speech. Sometimes ignorance is at work, or lack of exposure to a diverse population.

Ask simple questions in response to hateful remarks to find out why the speaker made the offensive comment and how you can best address the situation.

Speak up against every biased remark—every time, in the moment, without exception. Think about what you'll say ahead of time so you're prepared to act instantly.

## ECHO

## EDUCATE

## NOIISTENQ

## INTERRRUPT

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## QUESTION

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## EDUCATE

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## ECHO

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